4.1-Beginning of the Reign of Valentinian and Valens (364-371)

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February 364 - Valentinian becomes Emperor		
4.1.1 When the Emperor Jovian had died, as we have said, at Dadastana, in his own consulate and that of Varronian his son on the 17th of February, the army left Galatia and arrived at Nicaea in Bithynia in seven days' march. There, they unanimously proclaimed Valentinian emperor, on the 25th of February, in the same consulate. 4.1.2 He was a Pannonian by race, a native of the city of Cibalis, and when he was entrusted with a military command, he displayed great skill in tactics. 4.1.3 Moreover, he had such a superior intellect, that he always seemed to exceed every degree of honor which he attained.	6.6.2 When the troops arrived at Nicaea in Bithynia, they proclaimed Valentinian emperor. He was a good man and capable of holding the reins of the empire.	4.6.1 When the troops had learned of the emperor's sudden death, they wept for the departed prince as if for a father and made Valentinian emperor in his place. It was he who had struck the officer of the temple and was sent to the castle. He was distinguished not only for his courage, but also for prudence, temperance, justice, and great stature.
	6.6.3 He had not long returned from banishment; for it is said that Julian, immediately after he had risen to the throne, erased the name of Valentinian from the Jovian legions, as they were called. Julian condemned him to permanent banishment, under the pretext that he had failed in his duty of leading the soldiers under his command against the enemy. The true reason of his condemnation, however, was the following: 6.6.4 When Julian was in Gaul, he went one day to a temple to offer incense. Valentinian accompanied him, according to an ancient Roman law which was still in effect, and which commanded that the leader of the Jovians and the Herculeans (the legions of soldiers named in honor of Jupiter and Hercules) should always attend the emperor as his body-guard. 6.6.5 When they were about to enter the temple, the priest, in accordance with the pagan custom, sprinkled water upon them with the branch of a tree. A drop fell upon the robe of Valentinian; he could scarcely restrain himself, for he was a Christian, and he rebuked the one who had sprinkled him. It is even said, that in full view	

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	of the emperor he cut off the portion of the garment on	
	which the water had fallen and flung it away from	
	himself.	
	6.6.6 From that moment Julian harbored hostile	
	feelings against him, and soon after banished him to	
	Melitine in Armenia, under the charge of misconduct in	
	military affairs. For he did not wish to have religion	
	regarded as the cause of the decree, so that Valentinian	
	would not be viewed as a martyr or a confessor. Julian	
	treated other Christians, as we have already stated, in the	
	same manner; for, as was said before, he perceived that	
	subjecting them to perils only added to their reputation	
	and strengthened their religion.	
	6.6.7 As soon as Jovian succeeded to the throne,	
	Valentinian was recalled from banishment to Nicaea.	
	But in the meantime, the death of the emperor took	
	place, and Valentinian, by the unanimous consent of the	
	troops and those who held the chief positions in the	
	government, was appointed his successor.	
	6.6.8 When he was invested with the symbols of	4.6.2 He was had such a kingly and magnanimous
	imperial power, the soldiers cried out that it was	character that when the army attempted to appoint a
	necessary to elect someone to share the burden of	colleague to share his throne, he uttered the well-known
	government. To this proposition, Valentinian made the	words which are universally repeated, "Before I was
	following reply: "It depended on you alone, O soldiers	emperor, soldiers, it was yours to give me the reins of
	to proclaim me emperor; but now that you have elected	empire. Now that I have taken them, it is mine, not
	me, it depends not upon you, but upon me, to perform	yours, to take counsel for the state." ²
	what you demand. Remain quiet, as subjects ought to do,	4.6.3a The troops were struck with admiration at what
	and leave me to act as an emperor in attending to the	he said, and contentedly followed the guidance of his
	public affairs." ¹	authority.
	28 March, 364 - Valens becomes co-emperor	
4.1.4 As soon as they had created him emperor, he	6.6.9 Not long after his refusal to comply with the	4.6.3b Valentinian, however, sent for his brother from
immediately proceeded to Constantinople, and thirty days	soldiers' demands, he traveled to Constantinople and	Pannonia, and shared the empire with him. If only he
	proclaimed his brother emperor. He gave him the East as	had never done so! The rule of Asia and Egypt was

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¹ See footnote on previous page.

² This saying of Valentinian is referenced by both Sozomen and Theodoret. While Sozomen's and Theodoret's quotations differ significantly in verbiage, the basic meaning is the same. It is possible that Sozomen's quotation is the more accurate version, and as the story was passed on from person to person and became "unjversally repeated," the saying took on a shorter form which Theodoret records.

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after he acquired the imperial dignity, he made his brother	his share of the empire and reserved for himself the	committed to Valens, who had not yet accepted unsound
Valens his colleague in the empire.	regions along the Western Ocean, from Illyria to the	doctrines, while Valentinian allotted Europe to himself.
	furthest coasts of Libya.	4.6.4 He journeyed to the Western provinces, and
		beginning with a proclamation of true religion,
		instructed them in all righteousness.
	364 - Valentinian and the Synod of Illyricum	
		4.7.6b Valentinian ordered a council to be held in
		Illyricum, and he sent the decrees which were ratified by
		the bishops who assembled there to the disputants. They
		had decided to hold fast to the creed put forth at Nicaea,
		4.6.7 and the emperor himself wrote to them,
		associating his brother with him in the dispatch, urging
		that the decrees be kept. The edict clearly proclaims the
		piety of the emperor and similarly demonstrates Valens'
		soundness in divine doctrines at that time. I shall
		therefore give it in full:
		4.8.1 The mighty emperors, ever august, augustly
		victorious, Valentinianus, Valens, and Gratianus, to the
		bishops of Asia, Phrygia, Carophrygia Pacatiana,
		greetings in the Lord.
		A great council has met in Illyricum, and after much
		discussion concerning the Word of salvation, the most
		blessed bishops have declared that the Trinity of Father,
		Son, and Holy Ghost is of one substance. They worship
		this Trinity, in no way neglecting the service which has
		duly fallen to their lot, the worship of the great King.
		4.8.2 It is our imperial will that this Trinity be
		preached, so that no one may say "We accept the
		religion of the sovereign who rules this world, regardless
		of Him who has given us the message of salvation." For,
		the gospel of our God which contains this judgment
		says, "we should give to Caesar the things that are
		Caesar's and to God the things that are God's."
		4.8.3 What do you say, you bishops, you champions of
		the Word of salvation? If you profess these things, then
		continue to love one another and stop abusing the
		imperial dignity. Do not persecute those who diligently
		serve God, by whose prayers the wars of the earth cease,
		and the assaults of fallen angels are repelled.

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		4.8.4 These men, as they strive through prayer to repel	
		all harmful demons, know how to pay tribute as the law	
		commands and they do not oppose the power of their	
		sovereign. But with pure minds, they both keep the	
		commandment of the heavenly King and they subject	
		themselves to our laws. But you have been shown to be	
		disobedient. We have tried everything we could.	
		4.8.5 But you have given yourselves up. We, however,	
		wish to be pure from you, just as Pilate, at the trial of	
		Christ when he lived among us, was unwilling to kill	
		him. And when they begged for his death, he (Pilate)	
		turned to the East, asked for water for his hands and	
		washed them, saying "I am innocent of the blood of this righteous man."	
		And so our majesty has commanded without exception	
		that those who are working in the field of Christ are not	
		to be persecuted, oppressed, or ill-treated. Nor are the	
		stewards of the great King to be driven into exile, so that	
		you may not appear to flourish and abound under our	
		Sovereign, only to trample on his covenant together with	
		your evil counselor, as in the case of the blood of	
		Zacharias.	
		4.8.6 But he and those who belong to him were	
		destroyed by our Heavenly King Jesus Christ after His	
		coming, they and were delivered to death's judgment,	
		both they and the deadly fiend who encouraged them.	
		We have given these orders to Amegetius,	
		4.8.7 to Ceronius to Damasus, to Lampon and to Brentisius by word of mouth. And we have sent the	
		actual decrees to you also, in order that you may know	
		what was enacted in the honorable synod. To this letter	
		we attach the decrees of the synod, which are briefly as	
		follows.	
	The decrees of the Synod of Illyricum		
	v	4.8.8 In accordance with the great and orthodox synod	
		we confess that the Son is of one substance with the	
		Father. And we do not understand the term of one	
		substance in the same way as some formerly interpreted	
		it, who signed their names in false agreement, nor in the	
		same way as some who are now calling the drafters of	

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		the old creed "fathers." But we make the meaning of the
		word of no effect, following the authors of the statement
		that "of one substance" means "like," understanding that
		since the Son is comparable to none of the creatures
		made by him, he is like the Father alone.
		4.8.9 For those who think irreverently, define the Son
		"as a special creation of the Father." But we, with the
		present synods, both at Rome and in Gaul, hold that
		there is one and the same substance of Father, Son, and
		Holy Ghost, in three persons, that is in three perfect
		essences.
		4.8.10 And we confess, according to the exposition of
		Nicaea, that the Son of God, being of one substance, was
		made flesh of the Holy Virgin Mary, and has been
		placed among men and fulfilled every act of service for
		our sakes in birth, in passion, in resurrection, and in
		ascension into heaven. And he shall come again to judge
		us according to each man's manner of life, in the day of
		judgment, when he will be seen in the flesh, and will
		show forth his divine power, being God bearing flesh,
		and not man bearing Godhead. 4.8.11 Those who think otherwise we damn, likewise
		those who do not honestly damn him who said that
		before the Son was begotten he was not, and who wrote
		that even before he was begotten he was potentially in
		that even before he was begotten he was potentially in the Father. For this is true in the case of all creatures
		who are not forever with God in the sense in which the
		Son is ever with the Father, being begotten by eternal
		generation.
		Such was the short summary of the emperor. I will now
		attach the actual dispatch of the synod.
	The epistle of the Synod of Illyricum	1
		4.9.1 "The bishops of Illyricum to the churches of
		God, and bishops of the dioceses of Asia, of Phrygia,
		and Carophrygia Pacatiana, greetings in the Lord.
		"After meeting together and making a lengthy
		investigation concerning the Word of salvation, we have
		proven that the Trinity of Father, Son, and Holy Ghost is
		of one substance. And it seemed fitting to pen a letter to
		you, not that we write in vain disputation concerning the

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		worship of the Trinity, but rather in humility deemed
		worthy of the duty.
		4.9.2 "We have sent this letter by our beloved brother
		and fellow laborer Elpidius, the presbyter. For it is
		written not in the letters of our hands, but in the books of
		our Savior Jesus Christ, 'I am of Paul, I am of Apollos, I
		am of Cephas, and I am of Christ.
		4.9.3 Was Paul crucified for you? Or were you
		baptized in the name of Paul?'
		Indeed, it seemed fitting to our humility not to pen any
		letter to you, on account of the great terror which your
		preaching causes to all the region under your
		jurisdiction, as you separate the Holy Spirit from the
		Father and Son. We were therefore forced to send to you
		our lord and fellow laborer Elpidius to figure out if your
		preaching is really of this character and to carry this
		dispatch from the imperial government of Rome.
		4.9.4 Let them who do not regard the Trinity as one
		substance be anathema, and if any man is detected to be
		in communion with them, let him be anathema.
		But for them that preach that the Trinity is of one
		substance, the Kingdom of Heaven is prepared.
		Therefore, we encourage you brethren to teach no other
		doctrine, nor even to hold any other in vain belief, but
		that always and everywhere, as you preach the Trinity to
		be of one substance, you may be able to inherit the Kingdom of Heaven.
		While writing on this point, we have also been reminded
		to pen this letter to you about the present or future
		appointment of our fellow ministers as bishops. If there
		are any sound men among the bishops who have already
		discharged a public office, appoint them. And if not,
		appoint bishops from the order of presbyters,
		4.9.5 in the same way as you appoint presbyters and
		deacons out of the actual priestly order, so that they may
		be blameless in every way, and not from the ranks of the
		senate and army.
		We have been unwilling to pen you a letter at length,
		because it is the representative mission of our lord and
		fellow laborer Elpidius, to diligently find out about your

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		preaching, if it really is how we have heard from our
		lord and fellow laborer Eustathius.
		4.9.6 In conclusion, if at any time you have been in
		error, put off the old man and put on the new. The same
		brother and fellow laborer Elpidius will instruct you how
		to preach the true faithnamely, that the Holy Trinity, of
		one substance with God the Father, together with the
		Son and Holy Ghost, is hallowed, glorified, and made
		manifest, Father in Son, Son in Father, with the Holy
		Ghost forever and ever.
		4.9.7 For since this has been made evident, we shall
		clearly be able to confess the Holy Trinity to be of one
		substance according to the faith formerly set forth at
		Nicaea, which the Fathers confirmed.
		4.9.8 As long as this faith is preached, we will be able
		to avoid the snares of the deadly devil. When he is
		destroyed we will be able pay due homage to one
		another in letters of peace, as we live in peace.
		We have therefore written to you in order that you may
		know that the Ariomaniacs have been deposed, who do not confess that the Son is of the substance of the Father
		nor the Holy Ghost. We attach their names:
		4.9.9 Polychronius, Telemachus, Faustus, Asclepiades,
		Amantius, Cleopater. This we write to the glory of
		Father and Son and Holy Ghost forever and ever, amen.
		We pray to the Father and the Son, our Savior Jesus
		Christ, together with the Holy Ghost, that you may fare
		well for many years."
	The heresy of the Audiani	· · · · · · · · · · · · · · · · · · ·
	v	4.10.1 And so the illustrious emperor took heed of the
		apostolic teachings, but Audaeus, a Syrian both in race
		and in speech, appeared at that time as an inventor of
		new teachings. Long ago, he had already begun to devise
		wicked doctrines, and now he appeared in his true
		character.
		4.10.2 At first, he understood the passage "Let us
		make man in our image, after our likeness" in an absurd
		sense. Because he failed to understand the meaning of
		the divine passage, he took the Divine Being to have a

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		human form and conjectured that it was enveloped in
		bodily parts.
		4.10.3 For Holy Scripture frequently describes divine
		actions with the names of human parts, since by these
		means, the providence of God is made more intelligible
		to minds that are incapable of perceiving immaterial
		ideas. To this impiety, Audaeus added others of a similar
		kind. By an eclectic process he adopted some of the
		doctrines of Manes and denied that the God of the
		universe is creator of either fire or darkness.
		4.10.4 But the followers of this sect conceal these and
		all similar errors. They claim that these errors are
		separated from the assemblies of the church. But while
		some of them exact a cursed usury, and others live
		unlawfully with women without the bond of marriage,
		those who are innocent of these practices live freely in
		fellowship with the guilty. So, they hide the blasphemy
		of their doctrines by how they live their lives. The plea
		is however an impudent one, and the natural result of
		Pharisaic teaching.
		4.10.5 For the Pharisees accused the physician of souls
		and bodies with their question to the holy apostles,
		"How is it that your Master eats with tax-collectors and
		sinners?" And through the prophet, God says concerning
		such men: "You who say, 'keep away from me for I am
		pure,' this is the smoke of my wrath." But this is not the
		time to refute their unreasonable error. I therefore move
		on to the remainder of my narrative.
	The heresy of the Messaliani	
		4.11.1 The heresy of the Messaliani also arose at this
		time. Those who translate their name into Greek call
		them Euchitae. They also have another name, which
		came about naturally as a result of their practice. For
		they are called "enthusiasts" because they come under
		the influence of a certain demon, which they think is the
		advent of the Holy Ghost.
		Men who have become infected with this plague to its
		full extent shun manual labor as sinful; and, giving
		themselves over to laziness, they call the imaginations of
		their dreams "prophesies."

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		4.11.2 Dadoes, Sabbas, Adelphius, Hermas, and
		Simeones were leaders of this heresy, and others
		besides, who did not restrict the communion of the
		Church. They claim that neither good nor harm comes
		from the divine food, of which Christ our master said
		"Whoever eats my flesh and drinks my blood shall live
		forever."
		In their effort to hide their unsoundness, they
		shamelessly deny it even after they are convicted, and
		they renounce men whose opinions are in harmony with
		their own secret beliefs.
		4.11.3 Under these circumstances Letoius, a man full
		of divine zeal who was the leader of the church of
		Melitine, saw that many monasteries, or should I rather
		say, dens of robbers, had drunk deeply of this disease.
		Therefore, he burned them down and drove the wolves
		out of the flock.
		4.11.4 In the same way, the illustrious Amphilochius,
		to whom was committed the charge of the metropolis of
		the Lycaonians and who ruled all the people, made this
		pestilence depart from his borders as soon as he learned
		that it had invaded his diocese. And freed from its
		infection, he fed the flocks.
		4.11.5 And when Flavianus, the renowned high-priest of the Antiochenes, had learned that these men were
		living at Edessa and attacking all with whom they came
		into contact with their peculiar poison, he sent a
		company of monks and had them brought to Antioch. In
		the following way, he convicted them when they denied
		their heresy.
		4.11.6 He said that their accusers were slandering
		them, and that the witnesses were giving false evidence.
		And he approached Adelphius, who was a very old man,
		with expressions of kindness, and ordered him to take a
		seat at his side. Then he said, "We, O venerable sir, who
		have lived to an advanced age, have more accurate
		knowledge of human nature, and of the tricks of the
		demons who oppose us, and we have learned by
		experience the character of the gift of grace. But these
		younger men have no clear knowledge of these matters,

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u = 4 90 00	22-3444	and they cannot bear to listen to spiritual teaching.
		Therefore, tell me in what sense you say that the
		opposing spirit retreats, and the grace of the Holy Ghost
		overcomes."
		4.11.7 The old man was won over by these words and
		let out to all his secret venom, for he said that no benefit
		results for the recipients of Holy Baptism, and that it is
		only by sincere prayer that the in-dwelling demon is
		driven out. For everyone who is born into the world
		inherits a slavery to the demons from his first father, just
		as he inherits his nature. But when these are driven
		away, then the Holy Ghost comes, giving tangible and
		visible signs of his presence, at once freeing the body
		from the impulse of the passions and completely ridding
		the soul of its inclination to evil. The result is that there
		is no more need for fasting that restrains the body, nor of
		teaching or training that corrects it and instructs it how
		to walk rightly. And not only is the recipient of this gift
		liberated from the wanton desires of the body, but he
		also clearly foresees things which are to come and
		beholds the Holy Trinity with his very eyes.
		4.11.8 In this way, the divine Flavianus dug into the foul fountain-head and succeeded in laying bare its
		streams. Then he addressed the wretched old man, "O
		you that have grown old in evil days, your own mouth
		convicts you, not I, and your own lips testify against
		you." After their unsoundness had been exposed, they
		were expelled from Syria, and withdrew to Pamphylia,
		which they filled with their pestilential doctrine.
	A comparison of Valens and Valentinian	,
4.1.5 They both professed Christianity but did not hold the	6.6.10 Both the brothers were Christians, but they	
same Christian creed. For Valentinian respected the Nicene	differed in opinion and attitude. For Valens, when he	
Creed, but Valens was more inclined to favor the Arian	was baptized, employed Eudoxius as his initiator, and	
opinions.	became zealously attached to the doctrines of Arius, and	
	would have readily compelled all mankind by force to	
	yield to them. Valentinian, on the other hand, maintained	
	the faith of the council of Nicaea and favored those who	
	upheld the same beliefs, without bothering those who	
	entertained other opinions.	

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4.1.6 And he held this prejudice because he was baptized	5020men	Incodorce
by Eudoxius, bishop of Constantinople.		
4.1.7 Each of them was zealous for the views of his own		
party; but when they had attained sovereign power, they		
showed very different attitudes.		
4.1.8 For previously in the reign of Julian, when		
Valentinian was a military tribune, and Valens held a		
command in the emperor's guards, they both proved their		
zeal for the faith.		
4.1.9 For when they were forced to sacrifice, they chose		
rather to give up their military rank than to do so and		
renounce Christianity.		
4.1.10 Julian, however, kept them each in their respective		
positions, knowing how much the state needed them, which		
Jovian, his successor in the empire did as well.		
4.1.11 Later on, when they were invested with imperial		
authority, they agreed in the management of public affairs.		
But in regards to Christianity, as I have said, they behaved		
very differently.		
4.1.12 For Valentinian, while he favored those who agreed		
with him in belief, offered no violence to the Arians.		
4.1.13 But Valens, in his eagerness to promote the Arian		
cause, grievously disturbed those who differed from them,		
as the course of our history will show.		
as the course of our history will show.	Valens begins to side with the Arians	
	valens begins to side with the Arians	4.10.1 T '11
		4.12.1 I will now pursue the course of my narrative
		and will describe the beginning of the tempest which
		stirred up many great winds to beat against the Church.
		Valens, when he first received the imperial dignity, was
		distinguished by his faithfulness to apostolic doctrine.
		But when the Goths had crossed the Danube and were
		ravaging Thrace, he decided to assemble an army and
		march against them.
		4.12.2 Accordingly, he resolved not to take the field
		without the garment of divine grace, but first to protect
		himself with the act of Holy Baptism. At first, by
		resolving to do this he acted well and wisely, but his
		subsequent conduct betrays a very great feebleness of
		character, which resulted in his abandonment of the
		truth.

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		4.12.3 His fate was the same as that of our first father,
		Adam. For he too, won over by the arguments of his
		wife, lost his freedom and became not only a captive but
		an obedient listener to a woman's wily words.
		4.12.4 His wife had already been entrapped in the
		Arian snare, and now she caught her husband, and
		persuaded him to fall along with her into the pit of
		blasphemy. Their leader and initiator was Eudoxius, who
		still held the tiller of Constantinople, to the effect that
		the ship was not steered onwards but sunk to the bottom
		instead.
		4.13.1 At the very time of Valens' baptism, Eudoxius
		bound the unhappy man by an oath to abide in the
		impiety of his doctrine, and to expel those who held
		contrary opinions from every jurisdiction. In this way,
		Valens abandoned the apostolic teaching, and went over
		to the opposite faction; nor was it long before he
		fulfilled the rest of his oath.
		4.13.2 For he expelled the great Meletius from
		Antioch, the divine Eusebius from Samosata, and he
		deprived Laodicea of her admirable shepherd Pelagius.
		Pelagius had taken upon himself the yoke of wedlock
		when he was a very young man. And in the very bridal
		chamber, on the first day of his nuptials, he persuaded
		his bride to choose chastity over intercourse, and he
		taught her to accept brotherly affection in the place of
		marital union.
		4.13.3 In this way, he gave all honor to temperance,
		and he also possessed within himself the sister virtues in
		harmony with it. For these reasons he was unanimously
		chosen for the bishopric. Nevertheless, not even the
		bright beams of his life and speech impressed the enemy of the truth. Valens banished him to Arabia, the divine
		Meletius to Armenia, and Eusebius—that persistent
		laborer in apostolic work—he banished to Thrace.
		4.13.4 Persistent he was indeed, for when he learned
		that many churches were now deprived of their shepherds, he travelled around Syria, Phoenicia and
		Palestine, wearing the garb of war and covering his head
		with a tiara, ordaining presbyters and deacons and filling

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		up the other ranks of the Church. And if he happened to
		come across bishops with similar beliefs to his own, he
		appointed them to empty churches.
	The state of ecclesiastical affairs	
4.1.14 Now at that time, Liberius presided over the Roman		
church. At Alexandria, Athanasius was bishop of the		
Homoousians, while Lucius had been placed as George's		
successor by the Arians.		
4.1.15 At Antioch, Euzoius was the leader of the Arians,		
but the <i>Homoousians</i> were divided into two parties, one of		
which Paulinus was chief, Meletius being the leader of the		
other.		
4.1.16 Cyril was again placed over the church at Jerusalem. The churches at Constantinople were under the		
government of Eudoxius, who openly taught the dogmas of		
Arianism, but the <i>Homoousians</i> had only one small building		
in the city in which to hold their assemblies.		
4.1.17 Those of the Macedonian heresy who had dissented		
from the Acacians at Seleucia, then retained their churches		
in every city. Such was the state of ecclesiastical affairs at		
that time.		
	Spring 365 - The Synod of Lampsacus	
4.2.1 One of the emperors, i.e. Valentinian, speedily went		
to the western parts of the empire; for the urgency of affairs		
required his presence there.		
4.2.2 Meanwhile Valens, residing at Constantinople, was	6.7.1 When Valentinian was journeying from	
addressed by most of the prelates of the Macedonian heresy,	Constantinople to Rome, he had to pass through Thrace.	
requesting that another synod might be convened for the	The bishops of Hellespontus and of Bithynia, among	
correction of the creed.	others who maintained that the Son is consubstantial	
4.2.3 Because the emperor supposed that they agreed in	with the Father, dispatched Hypatian, bishop of Heraclea	
doctrine with Eudoxius and Acacius, he gave them	in Perinthus, to meet him, and to request permission to	
permission to do so. ³ They then made preparations for	assemble together for discussion on doctrinal questions.	
assembling in the city of Lampsacus.	6.7.2 When Hypatian had delivered the message he	
	had been entrusted with, Valentinian made the following reply: "I am one of the laity, and I have no right to	
	repry. I am one of the faity, and I have no right to	

³ Socrates says that Valens gave the permission for the Synod of Lampsacus, but Sozomen says that Valentinian was the one who had given permission. Since Sozomen wrote his history by working off of Socrates' history, and Sozomen's account is more detailed here, perhaps Sozomen had some information that Socrates did not, and gives the more reliable account here.

Socrates	Sozomen	Theodoret
4.2.4 But Valens proceeded with the utmost haste toward	interfere in these things; let the priests, to whom such matters pertain, assemble where they please." 6.7.3a When the bishops had received this answer through Hypatian, their deputy, they assembled at Lampsacus. 6.7.10 He then passed over into Syria, because he was	
Antioch in Syria, fearing that the Persians would violate the treaty into which they had entered for thirty years during the reign of Jovian, and invade the Roman territories. 4.2.5 They however remained quiet; and Valens used this time of outward peace to wage a war of extermination against all who acknowledged the <i>homoousion</i> . He left Paulinus their bishop unmolested, because of his great piety.	afraid that the Persians would break the truce which they had held with Jovian for thirty years. However, when he found that the Persians were not inclined to rebel, he stayed in Antioch. He sent Meletius, the bishop, into banishment, but spared Paul, because he admired the sanctity of his life. Those who were not in communion with Euzoius were either ejected from the churches or	
 4.2.6 Melitius he punished with exile, and he drove out all the rest who refused to commune with Euzoius from the churches in Antioch, and he subjected them to various losses and punishments. 4.2.7 It is even said that he ordered many to be drowned in the river Orontes, which flows by that city. 4.4.1 While these events were taking place there could be no peace either in the church or in the state. 	mistreated and harassed in some other way.	
 4.4.2 Now those who had been empowered by the emperor to hold a council assembled at Lampsacus in the consulate just mentioned. This was seven years after the council of Seleucia. 4.4.3 There, after confirming the Antiochian Creed which they had subscribed to at Seleucia, they anathematized the creed which had been established at Ariminum by those who they formerly agreed with. Moreover, they again condemned 	6.7.3b After they had conferred together for two months, they nullified everything that had been decreed at Constantinople, through the machinations of Eudoxius' and Acacius' followers.	
the party of Acacius and Eudoxius, and declared that they had been justly deposed.	6.7.4 Likewise, they nullified the formulary of faith which had been circulated under the lie that it was the work of the Western bishops, and which had obtained the signatures of many bishops by promising that the dogma of dissimilarity as to substance would be condemned—a promise which had never been carried	
	out. They decreed that they should hold fast to the doctrine that the Son is in substance like the Father; for	

Socrates	Sozomen	Theodoret
	they said that it was necessary to resort to using the term	
	"like" to indicate of the essences of the Godhead.	
	6.7.5 They agreed that the form of belief which had	
	been confessed at Seleucia and set forth at the dedication	
	of the church of Antioch, should be maintained by all the	
	churches. They directed that all the bishops who had	
	been deposed by those who believe that the Son is	
	dissimilar from the Father, should immediately be	
	reinstated in their sees, because they had been ejected	
	from their churches unjustly.	
	6.7.6 They declared that if any wished to bring	
	accusations against them, to do so at their own risk. The	
	orthodox bishops of the province and of the neighboring	
	countries were to preside as judges, and to assemble in	
	the church, with the witnesses who would give	
	testimony about their conduct.	
4.4.4 The impending civil war prevented Eudoxius bishop	6.7.7 After making these decisions, the bishops	
of Constantinople from either opposing or revenging these	summoned the partisans of Eudoxius, and urged them to	
resolutions.	repentance; but since they would give no heed to these	
4.4.5 For this reason, Eleusius bishop of Cyzicus and his	warnings, the decrees enacted by the council were sent	
followers became the stronger party for a little while, as they	to all the churches.	
supported the teachings of Macedonius, which before were	6.7.8a Judging that Eudoxius would likely attempt to	
only known obscurely, but now had acquired great publicity	persuade the emperor to side with him and would	
through the Synod at Lampsacus.	slander them, they decided to approach him and inform	
4.4.6 This Synod, I think, was the cause of the increase of	him of their proceedings in Lampsacus.	
the Macedonians in the Hellespont; for Lampsacus is	6.7.8b Their deputies met the Emperor Valens as he	
situated in one of the narrow bays of the Hellespont. Such	was returning from Heraclea to Thrace, where he had	
was the issue of this council.	been traveling in company with his brother, who had	
	gone on to Old Rome.	
	6.7.9 Eudoxius, however, had previously gained over	
	the emperor and his courtiers to his own beliefs. So,	
	when the deputies of the council of Lampsacus	
	presented themselves before Valens, he merely urged	
	them not to disagree with Eudoxius. The deputies replied	
	by reminding him of the trickery Eudoxius had resorted to at Constantinople, and of his plot to nullify the	
	decrees of the council of Seleucia. These words kindled	
	Valens' wrath, and he condemned the deputies to	
	banishment, and turned the churches over to Eudoxius'	
	· · · · · · · · · · · · · · · · · · ·	
	party.	<u>l</u>

	Sozomen	Theodoret
Socrates Sozomen Theodoret 365-366 - Procopius the Usurper		
4.3.1 While Valens was occupied with these things in Syria, a usurper at Constantinople arose, named Procopius, who having collected a large body of troops in a very short time, planned an expedition against the emperor. 4.3.2 This intelligence created extreme anxiety in the emperor's mind and checked for a while the persecution he had undertaken against all who dared to differ from him in opinion.	6.8.1 It is probable that a severe persecution might have ensued at this time, had not Procopius commenced a civil war. As he began to play the tyrant at Constantinople, he soon collected a large army, and marched against Valens.	
 4.3.3 And while the commotions of a civil war were painfully anticipated, an earthquake occurred which did great damage to many cities. 4.3.4 The sea also changed its usual boundaries, and overflowed to such an extent in some places, that ships could have sailed where roads had previously existed. But it withdrew so much from other places, that the ground became dry. 4.3.5 These events happened in the first consulate of the two emperors. 4.5.1 Under the consulate of Gratian and Dagalaifus in the following year, the war was begun. 4.5.2 For as soon as the usurper Procopius left Constantinople and began his march at the head of his army toward the emperor, Valens hurried from Antioch, and engaged him in battle near a city of Phrygia, called Nacolia. 4.5.3 In the first encounter he was defeated; but soon after 	6.8.2 The latter [Valens] left Syria, and met Procopius	
he took Procopius alive, through the treachery of Agilo and Gomarius, two of his generals, whom he subjected to the most extraordinary punishments.	near Nacolia, a city of Phrygia, and captured him alive through the treachery of Agelon and Gomarius, two of his generals. Valens put him and his betrayers to a cruel death.	
4.5.4 He had the traitors executed by being ripped apart, disregarding the oaths he had sworn to them. Two trees standing near each other were forcibly bowed down; one of the usurper's legs was fastened to each of them, and after, the trees were suddenly permitted to recover their erect position, ripping the tyrant in two. By being torn apart in this way, the usurper perished.	6.8.3 And although it is said that he had sworn to show favor to the two generals, he caused them to be ripped apart. He commanded Procopius to be fastened by the legs to two trees which had been bent to the ground, and he allowed these to spring up; when the trees were left to resume their natural position, the victim was torn in two. Valens resumes persecuting pro-Nicene bishops	

Socrates	Sozomen	Theodoret
4.6.1 After the emperor had so successfully ended the	6.8.4 When the war had ended, Valens retired to	Theodolet
conflict, he immediately began to move against the	Nicaea. Things being peaceful once again, he	
Christians, with the aim of converting every sect to	immediately began to attack those who differed from	
Arianism.	him in opinion concerning the Divine nature. His anger	
	was unbounded against the bishops of the council of	
	Lampsacus, because they had condemned the Arian	
	bishops and the formulary of faith set forth at Ariminum.	
4.6.2 But he was especially enraged against those who had	•	
composed the Synod at Lampsacus, not only because they		
deposed the Arian bishops, but also because they had		
anathematized the creed published at Ariminum.		
	Eleusius the bishop of Cyzicus	
4.6.3 Therefore, when he arrived at Nicomedia in	6.8.5 Harboring these resentful feelings, he summoned	
Bithynia, he sent for Eleusius bishop of Cyzicus, who, as I	Eleusius from Syria, and after he had called together a	
have said before, closely adhered to the teachings of	Synod of bishops who held his own beliefs, he tried to	
Macedonius.	compel him to agree to their doctrines. At first, Eleusius	
4.6.4 Therefore, after the emperor convened a council of	manfully refused to cooperate. But afterwards, from the	
Arian bishops, he commanded Eleusius to express	dread of exile and deprivation of his property, as the	
agreement with their faith.	emperor had threatened, he yielded to the mandate.	
4.6.5 At first he refused to do so, but when they threatened		
him with banishment and confiscation of property, he		
became intimidated and assented to the Arian belief.		
4.6.6 Immediately afterwards, however, he repented. And	6.8.6 He soon repented of his weakness, and when he	
when he returned to Cyzicus, he lamented bitterly before all	returned to Cyzicus he made a public confession of his	
the people, asserting that his cooperation was due to	fault in the church and urged the people to choose	
violence, and not his own choice. Then he urged them to	another bishop. For he said that he could not discharge	
seek another bishop for themselves, since he had been	the duties of a priesthood after having been a traitor to	
compelled to renounce his own beliefs.	his own doctrine. But the citizens respected his conduct	
4.6.7 But the inhabitants of Cyzicus loved and venerated	and were very well disposed towards him, so they did	
him too much to think of losing him; so, they refused to	not choose to have another bishop.	
subject themselves to any other bishop, nor would they		
permit him to retire from his own church.		
4.6.8 And so they continued under his oversight and		
remained steadfast in their own heresy.		
Eunomius attempts to replace Eleusius		
4.7.1 When the bishop of Constantinople became	6.8.7 Eudoxius, president of the Arians in	
informed of these circumstances, he appointed Eunomius as	Constantinople, however, ordained Eunomius as bishop	
bishop of Cyzicus, because he was able to win over the	of Cyzicus; for he expected that by his great powers of	

Socrates	Sozomen	Theodoret
minds of the multitude to his own way of thinking, with his	eloquence, Eunomius would easily draw the people of	
eloquence.	Cyzicus over to his own beliefs.	
4.7.2 When he arrived at Cyzicus, an imperial edict was	6.8.8a When he arrived at that city, he expelled	
published which ordered that Eleusius should be ejected,	Eleusius, for he was furnished with an imperial edict to	
and Eunomius installed in his place.	that effect and he took possession of the churches	
4.7.3 When this was carried out, those who were with	himself. The followers of Eleusius built a house of	
Eleusius, erected a sacred building outside the city and	prayer outside the walls of the city, and there they held	
assembled with him there.	their assemblies.	
4.7.4 But enough has been said of Eleusius. Let us now	6.8.8b I will soon again have the opportunity to come	
give an account of Eunomius. He had been secretary to	back to Eunomius and the heresy which bears his name.	
Aetius, surnamed Atheus, whom we have spoken of before.		
And he had learned, from conversing with him,		
4.7.5 to imitate his sophistical way of reasoning, being		
unaware that while he exercised himself in framing		
deceptive arguments and in using certain insignificant terms,		
he was really deceiving himself.		
4.7.6 This habit however inflated him with pride, and he		
fell into blasphemous heresies, and so became an advocate		
of the dogmas of Arius, and in many ways an adversary to		
the doctrines of truth. And having very little knowledge of		
the Holy Scriptures, he was unable to delve into them		
deeply. Yet he abounded in words and was accustomed to		
repeat the same thoughts in different terms, without ever		
arriving at a clear explanation of what he had proposed to		
himself.		
4.7.7 His seven books On the Apostle's Epistle to the		
Romans, on which he labored in vain, is a remarkable proof		
of this.		
4.7.8 For although he has employed an immense number		
of words in an attempt to expound it, he has by no means succeeded in apprehending the scope and object of that		
epistle.		
4.7.9 All other extant works of his are of a similar		
character, and he that would take the trouble to examine		
them, would find in them a great lack of sense, amidst an		
abundance of verbiage.		
4.7.10 Eudoxius promoted this Eunomius to the see of		
Cyzicus, who, after he had come there, astonished his		
listeners by the extraordinary display of his 'dialectic' art,		
and there was disorder at Cyzicus.		

Socrates	Sozomen	Theodoret
4.7.11 After a while, the people drove him out of their		
city, unable to endure any longer the empty parade of his		
language. And taking up residence with Eudoxius at		
Constantinople, he was regarded as a titular bishop.		
4.7.12 But in order that we do not come across as saying		
these things to belittle him, let us hear what Eunomius		
himself has the boldness to utter in his sophistical discourses		
concerning the Deity himself, for he uses the following		
language:		
4.7.13 'God knows no more of his own substance than we		
do; nor is this more known to him, and less to us,		
4.7.14 but whatever we know about the Divine substance,		
that precisely is known to God; and on the other hand,		
whatever he knows, the same also you will find without any		
difference in us.'		
4.7.15 Eunomius was accustomed to saying these and		
many other things, being utterly unaware of his own folly.		
We will state in its proper place, on what account he		
afterwards separated from the Arians.		
An	oracle found inscribed on the wall of Chalcedor	1
4.8.1 An order was issued by the emperor that the walls of		
Chalcedon, a city opposite to Byzantium, should be		
demolished. For he had sworn to do this, after he conquered		
the usurper, because the Chalcedonians had sided with the		
usurper, and had used insulting language toward Valens and		
shut their gates against him as he passed by their city.		
4.8.2 On account of the imperial decree, therefore, the		
walls were razed and the stones were carried to		
Constantinople for the construction of the public baths		
called "Constantianae."		
4.8.3 On one of these stones an oracle was found		
engraved, which had been concealed for a long time.		
4.8.4 In this oracle, it was predicted that when the city		
would be supplied with abundance of water, then the wall		
would serve as a bath; and that after innumerable hordes of		
barbarian nations had overrun the provinces of the Roman		
empire, and done a great deal of mischief, they themselves		
would finally be destroyed.		
4.8.5 We will insert this oracle here for the sake of the		
studious:		

4.8.6 'When nymphs their mystic dance with wat'ry feet	
Shall tread through proud Byzantium's stately street;	
When rage the city wall shall overthrow,	
Whose stones to fence a bathing-place shall go,	
Then savage lands shall send forth myriad swarms,	
Adorned with golden locks and burnished arms,	
That having Ister's silver streams o'erpast,	
Shall Scythian fields and Moesia's meadows waste.	
But when with conquest flushed they enter Thrace,	
Fate shall assign them there a burial-place,'	
4.8.7 Such was the prophecy. And indeed, it afterwards	
happened, that when Valens supplied Constantinople with	
an abundance of water by building an aqueduct, the	
barbarian nations made various invasions, as we will later	
see.	
4.8.8 But some explained the prediction in a different way.	
For when the aqueduct was completed, Clearchus the prefect	
of the city built a stately bath called 'the Plentiful Water,' in	
what is now known as the Forum of Theodosius.	
4.8.9 On account of this, the people celebrated a festival,	
by which, they say these words of the oracle were	
accomplished:	
'their mystic dance with wat'ry feet	
Shall tread through proud Byzantium's stately street.'	
4.8.10 But the completion of the prophecy took place	
afterwards. While the demolition was in progress, the	
Constantinopolitans begged the emperor to halt the	
destruction of the walls; 4.8.11 and the inhabitants of Nicomedia and Nicaea,	
coming from Bithynia to Constantinople, made the same request.	
4.8.12 But because the emperor was exceedingly	
exasperated against the Chalcedonians, he was persuaded	
only with difficulty to listen to their petitions.	
4.8.13 But in order to follow through on his oath, he	
commanded that the walls be pulled down, while at the same	
time the breaches be repaired by being filled up with other	
small stones.	
4.8.14 It is from this, that in the present day one may see	
in certain parts of the wall very inferior materials laid upon	

Socrates	Sozomen	Theodoret
prodigiously large stones, forming the unsightly patches		
which were made on that occasion. So much will be		
sufficient on the walls of Chalcedon.		
	366-377 - Valens persecutes the Novatians	
4.9.1 The emperor however did not cease his persecution	6.9.1 The Christians who represented the Nicene	
of those who embraced the doctrine of the <i>homoousion</i> , but	doctrines and the followers of the Novatian views were	
drove them away from Constantinople, and since the	treated with equal severity in the city of Constantinople.	
Novatians acknowledged the same faith, they were also	Ultimately, they were all expelled from the city; and the	
subjected to similar treatment. 4.9.2 He commanded that their churches should be shut	churches of the Novatians were closed by order of the	
	emperor. The other party had no churches to be closed, because they had been deprived of them all during the	
up, and he sent their bishop into exile.	reign of Constantius.	
4.9.3 His name was Agelius, a person that had presided	6.9.2 At this period, Agelius was condemned to	
over their churches from the time of Constantine and had led	banishment, who had governed the church of the	
an apostolic life. For he always walked barefoot, and used	Novatians at Constantinople from the time of	
only one coat, observing the command of the gospel.	Constantius. It is said that he was especially noteworthy	
	for his way of life according to the ecclesiastical laws.	
	With respect to his way of life, he had attained the	
	highest degree of philosophy, namely, freedom from	
	worldly possessions. This was proven by his daily	
	conduct; he had only one tunic, and always walked	
	barefooted. Not long after his banishment, he was	
	recalled, he took back the churches which were under	
40.4 Post	him, and he boldly convened them.	
4.9.4 But the emperor's displeasure against this sect was	6.9.3 This came about through the influence of	
moderated by the efforts of a pious and eloquent man named Marcian.	Marcian, a man of extraordinary virtue and eloquence, who had formerly been enrolled among the troops of the	
4.9.5 He had formerly been in military service at the	palace, but at this time was a presbyter of the Novatian	
imperial palace, but was at that time a presbyter in the	heresy, and the teacher of grammar to Anastasia and	
Novatian church and taught grammar to Anastasia and	Carosa, the daughters of the emperor. There are still	
Carosa, the emperor's daughters. The public baths which	baths at Constantinople which bear the names of these	
Valens erected at Constantinople that still stand today, were	princesses. It was for the sake of Marcian alone that the	
named after the former (Carosa).	privilege already mentioned was conceded to the	
4.9.6 Out of respect for this person (Marcian), the	Novatians.	
Novatian churches which had been closed for some time,		
were reopened.		
4.9.7 The Arians however would not allow these people to		
remain undisturbed, for they disliked them because of the		
sympathy and love the Novatians showed toward the		
Homoousians, whom they agreed with in belief.		

Socrates	Sozomen	Theodoret
4.9.8 Such was the state of affairs at that time. We may	bozomen	Theodolet
here remark that the war against the usurper Procopius was		
terminated about the end of May, during the consulate of		
Gratian and Dagalaifus.		
	371 - Birth of Valentinian the Younger	
4.10.1 Soon after the conclusion of this war, and under the	6.10.1a About this period, a son was born to	
same consulate, a son was born to Valentinian, the emperor	Valentinian in the West, to whom the emperor gave his	
in the Western parts. This son received the same name as his	own name.	
father, for Gratian had been born prior to Valentinian's	6.10.1b Not long after, he proclaimed his son Gratian	
becoming emperor.	emperor; this prince was born before his father held the	
	government.	
Natural o	lisasters in various places, and continued perse	ecution
4.11.1 On the 2nd of June of the following year, in the	6.10.2a In the meantime, although hailstones of	
consulate of Lupian and Jovian, hailstones fell at	extraordinary magnitude fell in various places, and	
Constantinople so large that they would fill a man's hand.	although many cities, particularly Nicaea in Bithynia,	
4.11.2 Many affirmed that this hail had fallen as a result of	were shaken by earthquakes	
the Divine displeasure, because the emperor had banished		
many clergymen who refused to commune with Eudoxius.		
4.11.3 During the same consulate, on the 24th of August,		
the emperor Valentinian proclaimed his son Gratian		
Augustus.		
4.11.4 In the next year, when Valentinian and Valens were		
consuls for the second time, an earthquake happened on the		
eleventh of October in Bithynia which destroyed the city of		
Nicaea. This was about twelve years after a similar		
catastrophe had fallen upon Nicomedia.		
4.11.5 Soon afterwards the largest portion of Germa in the		
Hellespont was reduced to ruins by another earthquake.		
4.11.6 Nevertheless, these occurrences made no	6.10.2b Valens the emperor and Eudoxius, the	
impression on the mind of either Eudoxius the Arian bishop,	bishop did not stop persecuting Christians who believed	
or the emperor Valens, for they did not desist from their	differently than them. They succeeded greatly plots	
relentless persecution of those who dissented from them in	against those who kept to the Nicene doctrines; for	
matters of faith.	throughout the majority of Valens' rule, particularly in	
4.11.7 Meanwhile these convulsions of the earth were	Thrace, Bithynia, and the Hellespont, and still further	
regarded as a sign of the disturbances which agitated the	beyond, these Christians had neither churches nor	
churches,	priests.	
4.11.8 for many clergymen were sent into exile, as we		
have said. Basil and Gregory alone, were exempted from		
this punishment on account of their eminent piety.		

Socrates	Sozomen	Theodoret
4.11.9 The former of these individuals was bishop of		
Caesarea in Cappadocia, while Gregory presided over		
Nazianzus, a little city in the vicinity of Caesarea.		